	<u> </u>	Name:	Grading Quarter:	Week 8 Begin	ning:
Colton Merrill, ATC, CPT			4	May 5 th , 2025	
School Year: 2024-2025			Subject: Sports Medicine and Rehabilitation Year 2		
Monday	Notes:	Objective: Define new terminolog Create a fitness profile Set goals for future fit Lesson Overview: L18.Overview.Profile. L18.FitnesProfileProje	e tness plans	Academic Standards: 3.5	
Tuesday	Notes:	skills, including taping, evaluation techniques during lab activities to During the lab, studen taping, wrist wrapping motion. They will worl	ents will demonstrate proficiency in essential hands-on sports medicine, including taping, wrapping, splinting, vital signs assessment, and injury lation techniques. They will apply proper procedures and safety protocols ag lab activities to reinforce practical understanding and clinical readiness. In the lab, students will rotate through skill stations to practice ankle ag, wrist wrapping, spine boarding, fitting crutches, and assessing range of on. They will work in pairs and small groups to provide peer feedback and olete skill checklists for each station		
Wednesday	Notes:	skills, including taping, evaluation techniques during lab activities to During the lab, studen taping, wrist wrapping	, wrapping, splinting, vital . They will apply proper p reinforce practical under ts will rotate through skill g, spine boarding, fitting co k in pairs and small groups ts for each station	ial hands-on sports medicine signs assessment, and injury rocedures and safety protocols standing and clinical readiness. stations to practice ankle rutches, and assessing range of s to provide peer feedback and	Academic Standards: All

Thursday	Notes:	Objective: Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station Lesson Overview: Lab Days, Hands on skills	Academic Standards: All
Friday	Notes:	Objective: Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station Lesson Overview: Lab Days, Hands on skills	Academic Standards: All