

Name: Colton Merrill, ATC, CPT		Grading Quarter: 4	Week 8 Beginning: May 5 <sup>th</sup> , 2025
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 2	
Monday	Notes:	<p>Objective: Define new terminology Create a fitness profile Set goals for future fitness plans</p> <p>Lesson Overview: L18.Overview.Profile. L18.FitnesProfileProject</p>	Academic Standards: 3.5
Tuesday	Notes:	<p>Objective: Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station</p> <p>Lesson Overview: Lab Days, Hands on skills</p>	Academic Standards: All
Wednesday	Notes:	<p>Objective: Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station</p> <p>Lesson Overview: Lab Days, Hands on skills</p>	Academic Standards: All

Thursday	Notes:	<p>Objective:</p> <p>Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station</p> <p>Lesson Overview:</p> <p>Lab Days, Hands on skills</p>	<p>Academic Standards:</p> <p>All</p>
Friday	Notes:	<p>Objective:</p> <p>Students will demonstrate proficiency in essential hands-on sports medicine skills, including taping, wrapping, splinting, vital signs assessment, and injury evaluation techniques. They will apply proper procedures and safety protocols during lab activities to reinforce practical understanding and clinical readiness. During the lab, students will rotate through skill stations to practice ankle taping, wrist wrapping, spine boarding, fitting crutches, and assessing range of motion. They will work in pairs and small groups to provide peer feedback and complete skill checklists for each station</p> <p>Lesson Overview:</p> <p>Lab Days, Hands on skills</p>	<p>Academic Standards:</p> <p>All</p>